Recap:

NSW Ultimate thanks everyone who helped us organise and run the 2016 Australian Mixed Ultimate Championships (AMUC) in late October. A special thanks to our Volunteers, Organising Committee, Penrith Touch Association and the huge efforts of Kris and Darren, St Marys Rugby League Club, Penrith City Council, and Nepean District Oztag.

Congratulations to the NSW-based teams Friskee (Division 1) and VLS Soda (Division 2) for taking out the Championships.
NSW Represents:

The inaugural Australian Under22 Ultimate Championships were held in Geelong on 26-27 November 2016. Our NSW State Under22 teams competed in the Women’s, Men’s and Mixed Divisions. NSW Ultimate congratulates our NSW representative teams on their success:

- Women’s – Gold
- Men’s – Silver
- Mixed – Gold

Ultimate Events in NSW:

**Surf & Turf:**
Narooma, NSW
3 – 4 December 2016
A new event for Ultimate players, designed for relaxing, chilled Frisbee games, beach ultimate, camping, camp fires, pizza and fun (Hat Tournament).

**Sydney Women’s Hat:**
Tempe, NSW
4 December 2016
One day Women’s Hat, suitable for all women from newbies to seasoned players.

**Longest Day 2016:**
North Narrabeen Beach, NSW
18 December 2016
“Australia's premier beach tournament.”

**NSW Ultimate State Conference**
Saturday 21 January 2017
Location & Agenda TBC

**Newcastle Gold Cup:**
Callahan, NSW
28-29 January 2017
“Same lush fields, same perfect weather, same awesome lunches. Where else would you be?!”

**Takeoff 2017:**
Tempe, NSW
12 February 2017
One-day tournament for Men's and Women's teams in the lead-up to Eastern Regionals.
Eastern Regionals 2017:

Clubs, teams or others interested in hosting the 2017 Eastern Regionals have until 4 December 2016 to lodge an Expression of Interest (EOI). The hosting fee has recently been increased to support those considering a bid.

Preferred event dates are 18-19 February, with a fall-back for 25-26 February.
Proposals to: events@ufnsw.com.au

What’s that Rule?

Time-Outs:

During play only the thrower, with an established pivot point, may call a time-out. After such a time-out:

- Substitutions are not allowed, except for injury.
- Play is restarted at the same pivot point.
- The thrower remains the same.
- All other offensive players may then set up at any point on the playing field.
- Once the offensive players have selected positions, defensive players may set up at any point on the playing field.
- The stall count remains the same, unless the marker has been switched.

South West Ultimate League Starts Up:

A new season of Ultimate is starting up in South West Sydney.

After 2 successful Hat tournaments South West Ultimate is running a Summer League:

- Thursday Nights – Liverpool
- 1st Dec to 23rd Feb (no games 22 Dec through to 5 Jan)

NSW Ultimate congratulates South West Ultimate for this fantastic development.

Spirit of the game:

Responsible Conduct for NSW Ultimate Players, Coaches, Officials & Volunteers

NSW Ultimate reminds all members playing Ultimate Frisbee and other participants involved in the sport (e.g. Coaches, Officials and Volunteers) of the standard of conduct expected to be upheld.

NSW Ultimate endorses and expects players to comply with the AFDA Code of Conduct at all sanctioned events, leagues, training camps, and other times while playing or participating in the sport. The AFDA Code of Conduct describes the standards of conduct expected, including:

1) Spirit of the game
2) Respect for team mates & opponents
3) Respect for staff and volunteers
4) Fair treatment of others
5) Safe play
6) Off-field behaviour
7) Compliance with AFDA policies
8) Being an ambassador for our sport through appropriate conduct and behaviour

Incidents of harassment that continue after requests to stop, are serious in nature, or which the complainant wishes to report to a Harassment Grievance Officer can be officially reported to NSW Ultimate via:

president@nswultimate.com.au Mr Gregory McGarry; or
secretary@nswultimate.com.au Ms Amanda Hudson

Players and participants may also report incidents of harassment to their Coach, Manager or Supervisor, Captain and/or to League and Competition Officials as a first-line-of-contact where appropriate.

Central Storage Facility for Clubs in Greater Sydney?

NSW Ultimate is considering if a central storage facility for Ultimate Clubs to store their equipment would be worthwhile? If your club is interested please contact secretary@nswultimate.com.au

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Editor: Benjamin Dougall
Do you want to contribute to ‘LAY-OUT’ NSW Ultimate News?
Forward articles, stories, photos and ideas to secretary@nswultimate.com.au